

SKIN

Elemental Nature Facial	105
Big Night Out Facial	115
Elemental Nature Back Treatment	120
Botanical Skin Resurfacing Facial	135
Green Science Skin Renewal Treatment	135
Outer Peace Acne Relief Treatment	135
Self Renewal Face & Body Treatment	145

Enbrightenment Discoloration Treatment

with Exfoliating Outer Peace	140
with Tourmaline Charged Radiant Skin Refiner	140
with Perfecting Plant Peel	155

Pure Focus Facials | 30 Minutes

Massage	75
Refinement	75
Masque	75
Perfecting Plant Peel	75

ENHANCEMENTS

Eye Zone Treatment	20
Ear Candling	45
Perfecting Plant Peel	50
Shirodara Relaxation	50

MASSAGE

Asha Massage

30 Minutes	60
60 Minutes	95
90 Minutes	140
120 Minutes	175
Deep Tissue Upgrade	15

Couples Massage

60 Minutes	210
90 Minutes	300
120 Minutes	370
Deep Tissue Upgrade	30

Foot Exfoliation Reflexology Treatment	55
Neti Massage	65
Asha Sport Massage	105
Chakra Balancing Massage	110
Triple Moisture Massage	135
Caribbean Massage	110
Hot Stone Fusion Massage	145

MEN'S SERVICES

Gentlemen's Facial	105
Road Warrior Massage	105

BODY

Aqua Polish	110
Asha Body Scrub	100
Aqua Massage	180
Customized Body Masque	110
Aroma Body Wrap	110
Himalayan Rejuvenation Treatment	185

Caribbean Treatments

Self Shower	110
Back Treatment	100

WEDDING & MAKEUP

Bridal Makeup Trial	70
Wedding Day Makeup	70
Bridal Hair Trial	85
Wedding Day Hair	85

MOMMY TO BE

Hydrating Belly Treatment	105
Got That Glow Facial	115
Expectant Mother Massage	105
Prenatal Bikini	50
Prenatal Barely There	60
Prenatal Brazilian	75

from

WAXING

For best results, hair should be no shorter than 1/4 of an inch.

Eyebrow Design	40
Eyebrow Maintenance	30
Upper Lip	25
Eyebrow & Lip	43
Half Arm	45
Full Arm	55
Half Leg	55
Full Leg	85
Bikini	50
Barely There Bikini	60
Brazilian for Her	75
Brazilian for Him	95
Underarms	35
Back	70
Chest	55

Additional body waxing services available. Please contact The Spa for pricing.

Please Note: If you are using Retin-A, Accutane, Glycolic Acid, AHA/BHA, any derivative of these products, or doctor prescribed skin care products; or undergoing Microdermabrasion, photo-facials, laser hair removal, or any other specialized treatments, please inform us prior to your waxing service. Also, please limit UV exposure to 24 hours before and after waxing.

SPA HOURS

Monday - Friday	9am-9pm
Saturday	8am-7pm
Sunday	10am-6pm

SPA ETIQUETTE

Cell Phones | Please turn off your cell phone. The Spa is an oasis of peace and quiet. For your convenience there is a phone available at the front desk.

Tranquility | Be mindful of other guests' space. While you are certainly welcome to engage in quiet conversation, please refrain from talking on a cell phone, and loud talking. Our lounge is a place where many guests savor a much-needed private moment to read, meditate or simply to relax.

Spa Arrival | Your time with us is precious. Your treatments begin exactly at your appointment time. Please take full advantage of your visit by coming in 15 minutes before your appointment so you can change and relax in our beautiful lounge.

Children | We love kids, but the Spa is a place where Moms and Dads come to rest and recharge their batteries. So please, make baby-sitting arrangements in advance and come enjoy the Spa without your little ones. Spa services are offered to children, however a parental guardian must be present for any services provided to children under 16.

What to Wear | Wear what makes you feel comfortable. Many guests ask us if they should bring anything in particular, especially when they are having a massage. The answer is simple. We are fully equipped to satisfy the needs of every guest. You may want to be partially clothed or totally nude under the massage sheet. It's all up to you.

Health Problems and Comfort Level | Please notify your Asha LifeStylist before booking treatments if you are pregnant, have allergies, high blood pressure or any other physical ailments or disabilities. This will prepare our staff in advance so we may provide the best possible treatment or therapy for you. When receiving your treatment, the technician will address your needs based on your personal assessment. They will speak to you about the temperature, pressure, product and sequence of service they are providing. You may also communicate to us how you are feeling during your service. If there is anything you would like us to address, please inform the technician. Heat treatments are not recommended for pregnant women and guests with heart conditions or high blood pressure. Drink plenty of water throughout the day, especially after Spa services. This helps replenish the body and assists in the removal of toxins.

Shaving | Shaving is not recommended before a Body Treatment or Gentleman's Facial. If you do choose to shave, please shave at least four (4) hours prior to your service.

Cancellation Policy | Please notify Asha (24) hours prior to your appointment time if you need to cancel or reschedule. If we do not receive a call, you will be charged 50% full payment for services not cancelled in the time allotted.

Gratuities | In appreciation of outstanding service, gratuities may be given at your discretion in the form of cash.